**Late Summer Soccer Schedule 2018**

Grades K/1, 2/3, 4/5

When: Saturdays: 9:00am – 10:15am & 10:30-Noon

Where: Starr Elementary: 967 Starr Ave S

What: Each session will include 30 minutes training/technical/skill development followed by a game

Training: 30 minutes broken into to 15 minutes segments

Game: 4K/1 – 3v3 4 x 8 (32 minutes), 2/3 – 5v5 3 x 12 (36 minutes), 4/5 – 7v7 2 x 20 (40 minutes)

**Week 1:**

August 4 Theme: K/5 - Fundamental Movement Skills (A/B/C’s)

Training: (15 minutes) I Can Do This Can You, Everybody’s It, Tail Tag

Training: (15 minutes) “Get Outta Here” to a small goal (1v0 (K/1), 1v1, 2v2) Pull pugg goals together.

Game

**Week 2:**

August 11 (Picture Day)

Theme: K/5 - Fundamental Movement Skills (A/B/C’s), Big Toe/Little Toe, Big Touch/Little Touch

Training: (15 minutes) Everybody’s It, Ball Tag, Hospital Tag

Training: (15 minutes) “Get Outta Here” to two small goals (1v0 (K/1), 1v1, 2v2)

Game

**Week 3:**

August 18 Theme: K-5 - Dribbling and Ball Manipulation, 1v1 attack, Big Toe/Little Toe, Big Touch/Little Touch

Training: (15 minutes) Gophers and Trees, Gates, Moveable Gates

Training: (15 minutes) Get Outta Here to two small goals (1v1, 2v2, 3v3 (4/5))

Game

**Week 4:**

August 25 Theme: K/1 - Dribbling and Ball Manipulation 1v1 attack, Change Direction/Change Speed

Training: (15 minutes) Gophers and Trees, Freeze Tag, Bulldogs and Poodles

Training: (15 minutes) “Get Outta Here” to a small goal (1v1, 2v2, 3v3)

Game

Theme: 2-5 - Passing and Receiving, 2v2 attack, Shooting

Training: (15 minutes) Bulldogs and Poodles, Gates with a partner, Moveable gates with a partner

Training: (15 minutes) “Get Outta Here” to goal with goalkeepers (2v2, 3v3)

Game

**Week 5:**

September 8 Theme: K/1 - Passing and Moving 2v1, 2v2 attack, shooting

Training: (15 minutes) “Ouch”, Elbow Tag with a partner (do without and then with a ball)

Training: (15 minutes) “Get Outta Here” to a small goal (2v2, 3v3) Add one pass before can score

Game

Theme: 2-5 - Passing and Moving, 2v2, 4v4 defending, Shooting

Training: (15 minutes) “Ouch”, Bulldogs and Poodles, Elbow Tag (do without and then with a ball)

Training: (15 minutes) “Get Outta Here” to goal with goalkeepers (2v2, 3v3) Add one pass before can score

Game

**Week 6:**

September 15 Theme: K/1 - Passing and Moving 2v1, 2v2 attack, shooting

Training: Pick favorite games. Still want to do “Get Outta Here”

Game

Theme: 2-5 - 1v1 - 4v4 attacking and defending transition, shooting

Training: Pick favorite games. Still want to do “Get Outta Here”

Game

**Week 7:**

September 22 Use your favorite games for 15 minutes, Get Outta Here for 15 minutes and play.